

# About Us

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**NEED2 staff and volunteers work on the territories of the Lkwungen and WSÁNEĆ nations. We acknowledge the impact of colonialism and recognize the ways trauma impacts the wellness of the communities we serve. We would also like to acknowledge the ongoing impacts of colonialism which can be seen through the suicide rates in Indigenous populations which are far greater than in the general population.**

**WE'RE HERE FOR YOU**

text us at 778-783-0177

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<https://youthspace.ca/>

# You are not alone.



**OPEN 365  
NIGHTS A YEAR**

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Providing non-  
judgmental support

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Between 6pm-12am  
PST



## **WE TAKE CONFIDENTIALITY SERIOUSLY.**

In order to remain anonymous we do not give out any personally identifying information, and will keep your information and stories private and protected.

The only exception to this is if we have to call for emergency help for you. We will do this if you tell us that you need an ambulance or police, or if we believe that someone's life is in serious danger or if there are concerns of child abuse.

We keep our chats to roughly 60 minutes long. This allows us enough time to chat with you, and still be able to get to the next person in the line in good time.

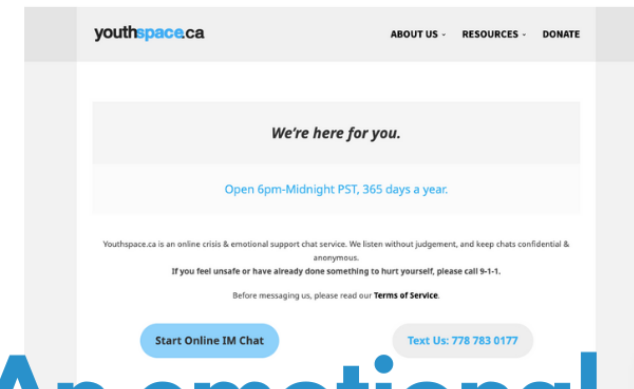
## **WHAT IS A YOUTHSPEACE CHAT LIKE?**

We don't give advice because we believe everyone is resourceful, capable and has the right to make their own decisions. We will help you explore ideas, options, supports and resources. We're here to help you build and access strategies for coping with life's many challenges.

If you access the chat through the website, you will see a short survey (eg. age, gender) before chatting. These statistics are used for research and funding.

Anyone in Canada under 30 years is welcome to chat with us, a diverse community of trained volunteers. We are open 6pm-midnight PST, 365 days a year.

We encourage and welcome all youth to chat in, no matter their background, religion, race, ability, sexual orientation, gender identity, lifestyle or culture. Our goal is to create inclusive and safer spaces for all visitors to Youthspace.ca.



# **An emotional support and crisis line**